



香港賽馬會
The Hong Kong Jockey Club

26 July 2024

TRACK WORK REGULATIONS 2024/2025 SEASON

The following are track work regulations currently in force for both Sha Tin and Conghua Racecourse (“CRC”) and should be read in conjunction with the Rules of Racing and Instructions made by the Stewards of the Hong Kong Jockey Club.

Sha Tin Training Tracks

<u>Track</u>	<u>Opening Hours</u>	<u>Work Allowed</u>	<u>Note</u>
Trotting Ring	04:00 - 08:45 and 14:15 - 17:00 daily	Walk/trot only	
Small All Weather Track	04:45 - 08:45 daily (track closes 15 minutes prior to the announced starting time of barrier trials on days when barrier trials are scheduled to be held at Sha Tin and at 08:30 on days when day race meetings are scheduled to be held at Sha Tin) Harrowing break (weather permitting) at 06:15	Slow work only	<ul style="list-style-type: none">• All work to be carried out in the opposite direction (anti-clockwise) on Mondays and Thursdays.• No harrowing break on Sundays.

<p>Large All Weather Track</p>	<p>04:45 - 08:45 daily (track closes 15 minutes prior to the announced starting time of barrier trial on days when barrier trials are scheduled to be held at Sha Tin and at 08:30 on days when day race meetings are scheduled to be held at Sha Tin)</p> <p>Harrowing break (weather permitting) at 06:15</p>	<p>Cantering/fast work</p>	<ul style="list-style-type: none">• No trotting or walking is permitted other than a horse may be trotted immediately prior to commencing fast work and in any case only prior to the 800M mark.• The inside rail is for fast work only. Horses galloping together must not number more than 3 abreast. Horses doing fast work must not be near the outside rail. Riders should at all times leave sufficient room between their horses and the outside rail for horses entering the track to commence work and pulling up in the back straight after completing work.• Horses not doing fast work must stay off the inside rail.• Inexperienced or unruly (green) griffins should not work on the large all weather track until after 7:00 am. This will assist in reducing the risks involved in working young horses.• No harrowing break on Sundays.
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The riverside path is open daily from 3:45 am to 7:00 pm for horses travelling between the Olympic stables compound and the main stables compound.

1800M Turf Gallops - Stalls Tests - Jump-outs - Starting Stalls Practice – Mondays and Thursdays

Turf gallops will start at 7:00 am and the small set of starting stalls will be available until 8:15 am. Stalls tests will commence at 7:30 am. If the venue or time is required to be changed for whatever reason, this information will be published on the list of entries. Stalls tests and turf gallops will not be conducted on general holidays. If a general holiday falls on a Monday, stalls tests may be moved to the following Tuesday if necessary provided that no turf trials are scheduled to be conducted on that day. Trainers are required to inform the starting gate team of any withdrawal of entries for stalls tests as early as possible.

The following procedures will apply:

1. Horse number restrictions for 1800M turf gallops (whether the starting stalls are used or not):

Dual-site Trainers

No. of horses at Sha Tin	No. of horses allowed
Up to and including 30	2
31 or above	3

Single-site Trainers

No. of horses at Sha Tin	No. of horses allowed
Up to and including 35	3
36 or above	4

The following horses are exempted from the number restrictions:

- Horses that have won an international Group One Race within the previous 12 months and its galloping partner;
- Horses intended to run in a domestic or overseas Group One, Two, Three Race or in the 4-year-old Classic Series within 14 days and its galloping partner; and
- Horses which are entered for stalls tests and equipment tests.

Griffins, whether raced or unraced, and retired horses used as partner horse, are counted towards the number restrictions.

Riders of horses which are entered for stalls tests and equipment tests must wear the correct racing colours.

2. The entrance to the turf track is near the 1800M ramp.
3. Horses using the turf gallop do not have to use the starting stalls.
4. Horses which are put through the starting stalls located at the 1800M chute are required to stand in the stalls for a reasonable period which will be at the discretion of the Starter or his duly authorised representative.
5. Riders are to keep their horses within the coned gallop strip, which will be placed along the outer section of the turf track, and must pull up **before** the home turn and must not enter the home straight.
6. Horses then leave the track via the exit near the 800M.
7. Horses galloping together must not number more than 3 abreast.
8. Starting Gate Practice:

The starting gate team will be on duty between approximately 7:30 am until 8:15 am at the starting stalls to assist any trainer who requests it. Horses in this category need not be entered but arrangements must be made directly with the Starter. Colours are not required to be worn. Horses must be pulled up within a reasonably short distance after leaving the starting stalls otherwise the horse will be counted towards the horse number restrictions.

Turf Gallops (on Tuesdays, Thursdays & Saturdays)

The following table sets out the required qualifications for horses to work on the turf track:

<u>Horses</u>	<u>Day of the week & relevant time</u>	<u>Gallop with unqualified Horse</u>
<ul style="list-style-type: none"> • Rated 121 or above • Entered/Selected for Group 1, 2 & 3 races, and 4-year-old Classic Series • Horses won int’l Group 1 races within the previous 12 months 	Tuesday and/or Saturday 06:00 – 07:00	Yes
<ul style="list-style-type: none"> • Rated 121 or above • Entered/Selected for Group 1, 2 & 3 races, and 4-year old Classic Series • Horses won int’l Group 1 races within the previous 12 months 	Thursday 06:00 – 06:45	Yes
<ul style="list-style-type: none"> • Entered in principal feature races / Class 1 for weekend race meeting • Entered in principal feature races/Class 1 for mid-week race meeting <p><i>Note: Principal feature races include sponsored races listed at the back of the official race programme.</i></p>	<ul style="list-style-type: none"> • Tuesday • Saturday 06:00 – 07:00	No
<ul style="list-style-type: none"> • Intended to enter in Group or Class 1 races*⁺ 	Tuesday within 14 days prior to the intended race Thursday 10 to 11 days prior to the intended race Saturday 7 or 8 days prior to the intended race 06:00 – 07:00	No

* Trainers are required to notify the Stipendiary Stewards’ office (Tel No. 29661139) if they do not enter a horse after galloping on the turf.

⁺ Feature race turf gallops, except for the week leading up to the LHKIR and Champions Day respectively, will not be available on a Sha Tin Raceday. Alternate arrangement will be made on the following day after the raceday and booking with tracks supervisor (track work) is required **ONE** day in advance.

Trainers are required to notify the tracks supervisor (track work) **A DAY** in advance should they intend to gallop a horse on the turf track.

The turf track entrance and exit point will be via the stable bend turf trial gate. All work is to be done outside of the cones.

All horses using the turf tracks at any time must be fully shod.

Any application for a turf gallop other than those included in these regulations must be forwarded directly to the tracks department for consideration.

Tunnel Area

No rider shall dismount or mount inside the tunnel nor should they dismount or mount at or near the entrance to the tunnel either prior to or following work, especially during barrier trials on the large all weather track. This is to avoid congestion and possible accidents to riders and horses. Riders must follow the traffic signs in the tunnel.

Trotting Rings (including Olympic Stables Exercise Area) and Penfold Park Bridle Path

The trotting rings (including Olympic stables exercise area) and the bridle path inside Penfold Park are for slow work only, i.e. walk or trot. For safety reasons, the bridle path will be closed during the harrowing of the large and small all weather tracks, with the exception of Sunday. Trainers and assistant trainers, by instructions must ensure this direction is complied with.

Schooling (Jumping) of Horses

Schooling (jumping) of horses may be conducted in the equestrian ring located within Penfold Park from 8:00am to 8:45am except on days when barrier trials are held or during the quarantine track work period when the ring will be closed. It is necessary for trainers to contact the tracks department prior to making use of this training facility.

CRC Training Tracks

<u>Track</u>	<u>Opening Hours</u>	<u>Work Allowed</u>	<u>Note</u>
Trotting Rings (East & West)	04:30 - 08:45 daily	Walk/trot only	
Small All Weather Track	05:00 - 08:45 daily (04:45-08:45 on scheduled barrier trials dates)	Slow work only	<ul style="list-style-type: none"> • All work to be carried out in the opposite direction (anti-clockwise) on Mondays and Thursdays.
Large All Weather Track	05:00 - 08:45 daily (04:45-08:45 on scheduled barrier trials dates)	Cantering/fast work	<ul style="list-style-type: none"> • No trotting or walking is permitted other than a horse may be trotted immediately prior to commencing fast work and in any case only prior to the 1000M mark. • The inside rail is for fast work only. Horses galloping together must not number more than 3 abreast. Horses doing fast work must not be near the outside rail. Riders should at all times leave sufficient room between their horses and the outside rail for horses entering the track to commence work and pulling up in the back straight after completing work. • Horses not doing fast work must stay off the inside rail.

Back Straight Jump-outs / Stalls Tests / Uphill Gallop / Turf Gallops / Starting Stalls Practice

<p>Turf Gallops</p>	<p>06:00-08:30 on Mondays, Tuesdays, Thursdays and Saturdays (will be open at 7:00 during winter time and will close earlier on days when barrier trials are scheduled to be held)</p>	<ul style="list-style-type: none"> • Limit of 10 horses per stable including horses for stalls tests/jump outs and gallops. • The entrance to the turf track is (i) via gate adjacent to equine hospital (Mondays and Thursdays) or (ii) via gate adjacent to trainers' pavilion (Tuesdays and Saturdays). • Horses galloping together must not number more than 3 abreast. • Riders are to keep their horses within the coned gallop strip, which will be identified on the morning of the gallops, and must pull up before the home turn. • Winter opening and closing times on barrier trial days will be notified by the representatives from the tracks department. <ul style="list-style-type: none"> • Entries are not required to be submitted in advance but must notify representatives from the tracks department (CRC Trainers' Stand Ext. number 020 2260 9149) in advance.
<p>Stalls Test/Jump Out</p>	<p>7:30-8:30 on Tuesdays</p>	<ul style="list-style-type: none"> • Horses which are put through the starting stalls are required to stand in the stalls for a reasonable period which will be at the discretion of the Starter or his duly authorised representative. • Trainers are required to inform the Starter of any withdrawal of entries for stalls test as soon as possible. • No stalls test will be held on general holidays in China. <ul style="list-style-type: none"> • Trainers must inform the CRC Starter (Ext. 9902 or 147-1603-0921) by no later than 3:00pm on the preceding business day if they intend to use the starting stalls. <p><u>Starting Gate Practice on Tuesdays</u></p> <p>The starting gate team will be on duty between approximately 7:30 until 8:30 at the starting stalls to assist any trainer who requests it.</p> <p><u>Arrangements must be made directly with the Starter a day in advance.</u> Colours are not required to be worn. Horses must be pulled up within a reasonably short distance after leaving the starting stalls.</p>

Uphill Gallop	06:30-08:30 on Tuesdays, Wednesdays and Saturdays (the opening time will be adjusted according to sunrise during winter time and will close earlier on days when barrier trials are scheduled to be held)	<ul style="list-style-type: none">• Limit of 6 horses per stable.• The entrance to uphill gallop is adjacent to the equine hospital. Horses should return via the same path. Horses galloping together must not number more than 2 abreast.• Winter opening and closing times on barrier trial days will be notified by the representatives from the tracks department.<ul style="list-style-type: none">• Entries are not required to be submitted in advance but must notify representatives from the tracks department (CRC Trainers' Stand Ext. number 020 2260 9149) in advance.
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GENERAL (Both Sha Tin and CRC)

Horse "Bleeding" - Exercise Induced Pulmonary Haemorrhage (EIPH)

Any horse which bleeds, either from one nostril or both nostrils, **must** be reported to the Duty Stipendiary Steward/Racing Control CRC Senior Delegate and to a Veterinary Surgeon or Veterinary Officer as soon as possible on the same day that the horse bleeds.

"Bleeders" - Exercise

On the first occasion a horse is reported to have bled (EIPH), it will be barred from racing for a period of three months. **During the first month of the ban the horse will not be permitted to use the swimming pools or to work on the small all weather tracks, the large all weather tracks or the turf tracks both in Hong Kong and at CRC, as well as the uphill gallop at CRC.** During the second and third month of the ban, the horse will be allowed to use all training facilities.

As the objective of the enforced rest period following a horse being reported to have bled is to allow lung tissues to heal, during the first month exercise **must** be limited to walking and trotting.

The Club's Department of Veterinary Regulation, Welfare & Biosecurity Policy may issue such further individual advice or direction considered necessary or warranted.

Irregular Heart Rhythm - Exercise

On the first occasion a horse is reported to have had an irregular heart rhythm, the horse will not be permitted to be entered to race for a period as stipulated by the Veterinary Officer. On the second occasion a horse is reported to have had an irregular heart rhythm, the horse will be barred from racing for a period of six months. During the first four months of the ban, **the horse will not be permitted to use the swimming pools or to work on the small all-weather tracks, the large all weather tracks or the turf tracks both in Hong Kong and at CRC, as well as the uphill gallop at CRC.** During the remainder of the ban, the horse will be allowed to use all training facilities.

Saddle Cloth Number

Every horse using the training facilities **must** carry their assigned number cloth which must be positioned so that the number is clearly visible at all times.

Material Under Bandages

The use of cotton wool or cotton wool-like material under bandages is not permitted to be applied to horses in training.

Work Instructions

Trainers should give any work instructions to riders **before** they enter the training tracks. Horses are not allowed to stand on the track whilst their riders await instructions.

Reporting of Incidents

a. **Humans:**

All incidents resulting in an injury must be reported immediately to the Duty Stipendiary Steward/Racing Control CRC Senior Delegate or the Stipendiary Stewards office as soon as practicable so that a claim can be made to the insurance company if required. Late claims, either for medical expenses or compensations, will not be considered.

b. **Horses:**

If a Veterinary Surgeon is required to attend a morning track work incident, then the instructions on the respective "Track Work Accidents – Horses" notices posted in the trainers' stand at Sha Tin and in the trainers' pavilion at CRC must be followed.

Helmets

All riders are required to wear a helmet of an approved design and in serviceable condition when riding work. The chin strap must be fastened at all times when mounted. All helmets worn by riders in track work must comply with the following safety standards: -

EN 1384: 2012, EN 1384: 2017 or EN 1384:2023
AS/NZS 3838 2006
PAS 015: 2011
ASTM F116 3-04a (2011), ASTM F1163-13 or ASTM F1163-15
UTAC/CRITT 04/2015
VG1 01.040 2014-12
SNELL E2001 or SNELL E2016

In order for a helmet to be approved for use, it will be necessary for a manufacturer's label to be attached to the helmet stating that it complies with any of the safety standards listed above. Any helmet that does not comply with the aforementioned list of approved safety standards or does not carry a manufacturer's label may be confiscated by the Duty Stipendiary Stewards/Racing Control CRC Senior Delegate. If a helmet has sustained a significant impact, or if the wearer has suffered a concussion due to a fall, it should be replaced immediately and not be worn further

Safety Vest

All riders are required to wear a safety vest of an approved design and in serviceable condition when riding work. The zipper should be properly fastened at all times. All safety vests worn by riders in track work must comply with the following safety standards: -

EN 13158: 2009 or EN 13158: 2018 – Levels 1 and 2
ARB Standard 1.1998
JRA Descente

In order for a safety vest to be approved for use, it will be necessary for a manufacturer's label to be attached to the safety vest stating that it complies with any of the safety standards listed above. Any safety vest that does not comply with the aforementioned list of approved safety standards or does not carry a manufacturer's label may be confiscated by the Duty Stipendiary Stewards/Racing Control CRC Senior Delegate. Further, it is an offence to modify a safety vest in any way. Any person who is found to have a modified safety vest in their possession may be subject to disciplinary action and the safety vest will be confiscated.

Use of Whip

All whips carried by a rider in training, including stalls tests and barrier trials, must be padded and of a design which complies with the requirements of the Stipendiary Stewards. Any whip which does not comply with the relevant requirements may be confiscated by the Duty Stipendiary Steward/Racing Control CRC Senior Delegate.

Any rider who uses the whip in an improper, unnecessary, excessive or inappropriate manner will be subject to disciplinary action. Hitting a horse on or in the vicinity of its head is strictly prohibited. The use of stockwhips and other similar pieces of equipment are not permitted to be used on any horse at any time, whether on the training tracks or elsewhere.

Urine, Breathalyser, Saliva and Hair Sampling

Any person who uses the Club's training facilities may be subject to testing for drugs and alcohol. Selected persons are required to provide samples at the direction of the Duty Stipendiary Steward/Racing Control CRC Senior Delegate. In addition, the Duty Stipendiary Steward/Racing Control CRC Senior Delegate may, upon receipt of any report or reasonable suspicion of the use of drugs or alcohol, stand down any persons from using the Club's training facilities.

Others

Smoking and the unauthorised use of communication or electronic devices (mobile telephones, headphones, walkie-talkies, portable music players etc.) are strictly prohibited when mounted on or leading a horse.

Safety irons must be used at track work.

Spurs are not permitted to be worn at any time.

The use of leather reins is not permitted at any time.

During the hot weather months (May to September, inclusive), rugs/blankets are not allowed to be applied to horses whilst working on the track.

Suspended Use of Training Facilities

For the safety of all riders, staff, and horses, the Duty Stipendiary Steward/Racing Control CRC Senior Delegate or any Official authorised to act on his behalf may at any time in his discretion, suspend trackwork or restrict the use of any training facility to certain times or to certain areas/facilities. This action can be taken in response to severe weather conditions or track facility damages/malfunctions, depending on the prevailing conditions.

All track work activities will cease under the following conditions:

<u>Hong Kong</u>	<u>CRC</u>
- Typhoon Signal No. 8	- Orange/ Red Typhoon Signal
- Black Rainstorm Warning	- Red Rainstorm Warning
- Extreme conditions	- Extreme conditions

In the event the training tracks are closed due to the above-mentioned weather warning signals, lightning, heavy rain or severe thunderstorms, all outdoor activities should be suspended and any form of riding is prohibited. Furthermore, the use of trotting ring and equine swimming pool will be suspended until the reopening of the training tracks.

Outside of track work hours, the stables office will communicate with individual stable via text messages concerning relevant weather issues.

Marc Van Gestel
Chief Stipendiary Steward